



2013/2014 Products List

East West Catering

East West House

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www.eastwestcatering.co.uk

(v) = Suitable for Vegetarians

Shelf Life: Chilled: 12 days

Frozen: 6 months

If you would like to buy in bulk,

Please contact us for a competitive price.

Allergy information	
All of our products are manufactured	
in a factory that handles nuts	

Chicken Main Dishes		Available in Chilled or frozen	
Product	Weight (Per Unit)	Product code	Heat level
Chicken Massala	300g		Medium
Chicken Rogan Josh	300g		Medium
Chicken Tikka Massala	300g		Medium
Chicken Bhuna	300g		Medium
Chicken Madras	300g		Hot
Chicken Vindaloo	300g		Very Hot
Chicken Jalfraze	300g		Hot
Chicken Korma	300g		Mild
Chicken Karahi	300g		Medium
Chicken Balti	300g		Medium

Lamb Main Dishes		Available in Chilled or frozen	
Product	Weight (Per Unit)	Product code	Heat level
Lamb Massala	300g		Medium
Lamb Rogan Josh	300g		Medium
Lamb Tikka Massala	300g		Medium
Lamb Bhuna	300g		Medium
Lamb Madras	300g		Hot
Lamb Vindaloo	300g		Very Hot
Lamb Jalfraze	300g		Hot
Lamb Korma	300g		Mild
Lamb Karahi	300g		Medium
Lamb Balti	300g		Medium

Vegetable Main Dishes (v)			
Product	Weight (Per Unit)	Product code	Heat level
Mixed Vegetable (v)	300g		Medium
Cauliflower and Potato (v)	300g		Medium
Lentil (v)	300g		Medium

Chicken Meal Packs	(Includes a curry, rice & naan bread)		Available in Chilled
Product	Weight (Per Unit)	Product code	Heat level
Chicken Massala	500g		Medium
Chicken Rogan Josh	500g		Medium
Chicken Tikka Massala	500g		Medium
Chicken Bhuna	500g		Medium
Chicken Madras	500g		Hot
Chicken Vindaloo	500g		Very Hot
Chicken Jalfraze	500g		Hot
Chicken Korma	500g		Mild
Chicken Karahi	500g		Medium
Chicken Balti	500g		Medium
Lamb Meal Packs	(Includes a curry, rice & naan bread)		Available in Chilled
Product	Weight (Per Unit)	Product code	Heat level
Lamb Massala	500g		Medium
Lamb Rogan Josh	500g		Medium
Lamb Tikka Massala	500g		Medium
Lamb Bhuna	500g		Medium
Lamb Madras	500g		Hot
Lamb Vindaloo	500g		Very Hot
Lamb Jalfraze	500g		Hot
Lamb Korma	500g		Mild
Lamb Karahi	500g		Medium
Lamb Balti	500g		Medium

Vegetable Meal Packs (v)			Available in Chilled or Frozen
Product	Weight (Per Unit)	Product code	Heat level
Mixed Vegetable (v)	500g		medium
Cauliflower and Potato (v)	500g		medium
Lentil (v)	500g		medium

Snacks & Starters			Available in Chilled or Frozen
Product	Weight (Per Unit)	Product code	Heat level
Onion Bhaje (v)	80g		Medium
Mushroom Bhajee (v)	80g		Medium
Spinach Bhajee (v)	80g		Medium
Lamb Kebab	80g		Medium
Meat Samosa	70g		Medium
Vegetable Samosa (v)	70g		Medium
Chicken Samosa	70g		Medium
Vegetable Pakora (v)	170g Per Pack		Medium
Chicken Pakora	170g Per pack		Medium
Vegetable Spring roll (v)	70g		Medium
Spicy Chicken Roll	70g		Medium
Chicken Tikka (boneless)	200g Per Pack		Medium
Chicken Tikka Wings	200g Per Pack		Medium

Sheek Kebab	30g		Medium
Potato Fritters (v)	70g		Medium
Mint Yoghurt Chutney (v)	100ml tub		Medium
Mango Chutney (v)	100ml tub		Medium

Naan Breads (v)			Available in Chilled or Frozen
Product	Weight (Per Unit)	Product code	Heat level
Plain Naan Bread (v)	100g		Mild
Garlic & Coriander naan (v)	100g		Mild
Chapattis (v)	100g		Mild

Naan Breads (v)			Available in Chilled or Frozen
Product	Weight (Per Unit)	Product code	Heat level
Plain Savory Rice (v)	280g		
Vegetable Rice (v)	280g		